

## SIMC 2026 Poster Presentation

Poster No	Topic	Authors
2	Management of Menopausal Disorders in Japanese Working Women: A Nationwide Survey of Gynecologists	<b>Ogawa M</b> , Yamaguchi A., Iida M., Kinouchi R., Okano H., Takamatsu K JAPAN
3	Potentiating Effects of Equol Supplementation on Aerobic Exercise-induced Arterial Destiffening in Postmenopausal Women	<b>Uchiyama S</b> , Ito N, Hayashi K JAPAN
4	Relationship Between Equol Status and Oral Health in Postmenopausal Japanese Women	<b>Uchiyama S</b> , Kitaoka R, Ueno T, Iino K, Kobayashi W, Murashita K JAPAN
5	Relationship Between Equol Status and Wrist and Shoulder joint function in Postmenopausal Japanese Women	<b>Uchiyama S</b> , Kitaoka R, Ueno T, Iino K, Murashita K JAPAN
7	A Case of a Breast Cancer Survivor with Rupture of an Endometriotic Cyst and Growth of a Submucosal Myoma in the Right Ovary During Tamoxifen Administration	<b>Koichi Shinohara</b> , Natsuki Nakanishi, Kazushi Watanabe, Satoko Osuga, Seina Fujiwara JAPAN
8	Menopausal Hormone Therapy Shows Organ-specific Associations with Liver and Bone Outcomes in a Longitudinal Taiwanese Cohort	<b>I-Jung Feng</b> , Yi-Hung Sun, Nga-San Hong, Ming-Lung Yu, Yung-Chieh Tsai TAIWAN
9	Physical Activity Interventions for Mental Health in Menopausal Women: A Systematic Review (2015–2025)	<b>Melissa Gan</b> SINGAPORE
10	Beyond the WHI: Persistent Safety Misconceptions 20 Years Later	<b>Farah S.</b> , Lee JJ., Aggarwal I., Puvanendran R. SINGAPORE
11	Cross-sectional Population-based Survey of Perimenopausal Women for Menopause Symptoms and Attitudes	<b>Dypti Lulla</b> , Ang Seng Bin, Shirley Kwok, Rukshini Puvanendran SINGAPORE
19	Association Between Menopausal Symptoms and Subjective Sleep Quality in Japanese Working Women	<b>Makiko Arima</b> , Yoshikuni Edagawa, Kohta Suzuki, Nahoko Shirato, Chikako Kawahara, Yoshie Miwa JAPAN
22	Age at Menarche, Menopause, Reproductive Life Span and Postmenopausal Sexual Discomfort: a Prospective Cohort Study	<b>Zhuolin Xiea</b> , Ruiyi Tanga, Feiling Huang, Penghui Feng, Yubo Fana, Rong Chen CHINA